

Review article

BET bromodomains as novel epigenetic targets for brain health and disease

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ABSTRACT

Epigenetic pharmacotherapy for CNS-related diseases is a burgeoning area of research. In particular, members of the bromodomain and extra-terminal domain (BET) family of proteins have emerged as intriguing therapeutic targets due to their putative involvement in an array of brain diseases. With their ability to bind to acetylated histones and act as a scaffold for chromatin modifying complexes, BET proteins were originally thought of as passive epigenetic 'reader' proteins. However, new research depicts a more complex reality where BET proteins act as key nodes in lineage-specific and signal-dependent transcriptional mechanisms to influence disease-relevant functions. Amid a recent wave of drug development efforts from basic scientists and pharmaceutical companies, BET inhibitors are currently being studied in several CNS-related disease models, but safety and tolerability remain a concern. Here we review the progress in understanding the neurobiological mechanisms of BET proteins and the therapeutic potential of targeting BET proteins for brain health and disease.

1. Introduction

Dynamic control of histone acetylation processes influences chromatin structure, DNA accessibility and transcriptional activity (Grunstein, 1997). While writers (e.g., histone acetyltransferases, HATs) and erasers (e.g., histone deacetylases, HDACs) of histone acetylation have been extensively investigated in CNS-related disorders (Schneider et al., 2013; Penney and Tsai, 2014; Mahgoub and Monteggia, 2014), the roles for histone acetylation readers in brain health and disease have only recently emerged. In this review, we focus on a class of histone acetylation readers called bromodomain and extra-terminal (BET) proteins. We summarize the structure, function, and expression of BET proteins in the brain and review novel pharmacological approaches to selectively inhibit BET activity. We then highlight the mechanisms by which BET proteins are involved in multiple CNS-related disorders, ranging from neurodevelopmental to neurological to psychiatric disorders. Finally, we discuss challenges and future directions of BET-based therapies for brain health and disease.

1.1. BET structure and function

The bromodomain (BD) is a ~110 amino acid motif that binds to acetyl-lysine modifications on histone and non-histone proteins (Dhaluin et al., 1999). To date, 61 bromodomains have been identified in 46

diverse proteins in human cells (Filippakopoulos et al., 2012). In recent years, members of the bromodomain and extra-terminal family of proteins have attracted significant attention following the discovery of their role in multiple cancers and the development of selective, small molecule BET inhibitors (Shi and Vakoc, 2014; Devaiah et al., 2016a; Liu et al., 2017). The BET family of bromodomains is comprised of 4 proteins: bromodomain-containing protein 2 (BRD2), bromodomain-containing protein 3 (BRD3), bromodomain-containing protein 4 (BRD4), and bromodomain testis associated protein (BRDT). BRD2, BRD3, and BRD4 are expressed in most cells and tissues, while BRDT is primarily expressed in the testes (Jones et al., 1997; Taniguchi, 2016). At the structural level, BET proteins contain two tandem bromodomains (BD1 and BD2) that bind to acetyl-lysine histone residues (e.g., H3K27ac, H4K5ac, H4K12ac) and non-histone acetylated proteins (e.g., RelA subunit of NF-kappaB, Twist, and GATA1) (Huang et al., 2009; Filippakopoulos et al., 2012; Shi et al., 2014; Stonestrom et al., 2015). The affinity of BET bromodomains for specific histone acetylation marks is highly influenced by adjacent histone modifications, an indication that BET proteins recognize combinations of modifications rather than individual acetylated sites (Filippakopoulos et al., 2012). Although the amino acid sequence of BD1 and BD2 is similar across BET proteins, notable differences in amino acid sequence exist between BD1 and BD2 which may allow for selective BD1 vs. BD2 inhibition (Cheng et al., 2017). Beyond the bromodomain motif, BET proteins also contain an

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extra-terminal (ET) domain which is a site for multiple interactions with chromatin regulators (e.g., NSD3, JMJD6, CHD4) and viral proteins (Rahman et al., 2011; De Rijck et al., 2013; Gupta et al., 2013). Lastly, the C-terminal motif (CTM), which is unique to BRD4 and BRDT, plays an essential role in transcription elongation by modulating the activity of transcription elongation factor b (P-TEFb) (Jang et al., 2005; Yang et al., 2005; Bisgrove et al., 2007). Thus, by linking histone acetylation with transcriptional complexes, BET proteins are in a unique position to regulate disease-relevant gene expression programs.

1.2. BRD4 phosphorylation and enzymatic activity

Compared to BRD2 and BRD3, BRD4 has attracted the majority of attention within the BET family of proteins (Fig. 1). Although BRD2, BRD3, and BRD4 share similar domains (e.g., BD1, BD2, ET), many of the protein-protein interaction and mechanistic studies have focused on BRD4. Fig. 2 illustrates key domains within BRD4 and their known interactions with various histone and non-histone proteins. With the growing knowledge of BRD4-protein interactions, the mechanisms by which BRD4 is activated and recruited to chromatin remained an important unanswered question. Wu and colleagues revealed that BRD4 is regulated by a “phospho-switch” mechanism that influences its ability to bind to chromatin and interact with acetylated proteins (Wu et al., 2013). Casein kinase II (CK2), protein kinase A (PKA), and inhibitor of nuclear factor kappa-B kinase subunit epsilon (IKKe) were found to phosphorylate the N-terminal phosphorylation sites (NPS, amino acids 484–504) on BRD4 and protein phosphatase 2 (PP2A) was shown to remove these phosphorylation marks (Wu et al., 2013) (Fig. 2). When dephosphorylated, NPS obstructs BD2 and functionally impedes BD1, which prevents BRD4 bromodomains from binding to acetylated histones and non-histone proteins. When NPS is phosphorylated, BRD4 undergoes a conformational change that uncovers the bromodomains and promotes their interaction with acetylated proteins (Chiang, 2016). Though the upstream receptor signaling mechanisms responsible for BRD4 phosphorylation are poorly understood, TrkB receptor signaling following BDNF stimulation was found to increase BRD4 phosphorylation levels in neurons in a CK2-dependent manner (Korb et al., 2015). The magnitude of BRD4 phosphorylation in neurons or in brain tissue has also been associated with neuroplasticity and drug-induced neurobehavioral effects (Korb et al., 2015; Guo et al., 2019). Thus, measuring and manipulating the phosphorylation states of BRD4 may be a unique and effective way to determine its functional activity in specific disease states.

In addition to functioning as a reader of acetyl-lysine residues and a scaffold for a variety of chromatin modifiers and transcription factors, preliminary evidence indicates that BRD4 may also have intrinsic kinase and HAT activity. Acting as an atypical kinase, BRD4 was found to promote transcription by directly and specifically phosphorylating serine 2 on the carboxyl-terminal domain (CTD) of RNA polymerase II

(Devaiah et al., 2012). As a HAT, BRD4 was shown to acetylate the globular region of H3K122 residue, leading to nucleosome clearance and increased chromatin accessibility (Devaiah et al., 2016b). These intriguing studies add new layers of complexity to BRD4's function, but further studies should be conducted in other cell types to confirm these initial observations.

1.3. Transcriptional regulation by BET proteins

BET proteins have been shown to regulate the expression of a variety of genes in brain cells and tissue, including but not limited to, immediate early genes, synaptic receptors, ion channels, cytokines, and neurotrophic factors (Korb et al., 2015; Sartor et al., 2015; Sullivan et al., 2015; Magistri et al., 2016; Benito et al., 2017; Duan et al., 2020). Interestingly, in primary neurons and brain tissue, BET inhibition was found to preferentially reduce expression of long genes (>100 kb), likely by perturbing BET-mediated transcriptional elongation (Sullivan et al., 2015). To date, however, the vast majority of BET-mediated transcriptional studies have focused on BRD4 in cancer cell lines. Although initial experiments examined BRD4's function at promoter regions, more recent studies indicate that BRD4-mediated gene expression is correlated with the presence of BRD4 at intergenic regions and gene bodies and not transcription start sites (TSS) (Kanno et al., 2014). Thus, although BRD4 occupies widespread genomic regions, its presence at the TSS is not always associated with active transcription.

BRD4 interactions at enhancer and super-enhancer genomic regions is another area of emerging research. Together with the Mediator complex, BRD4-associated enhancers activate P-TEFb on promoter regions via long-range enhancer-promoter interactions (Liu et al., 2013). Furthermore, BRD4 bromodomains interact with P300 and CBP to increase histone acetylation at H3K27, a modification that is often enriched at enhancer and super-enhancer regions (Wu et al., 2018). More recently, BRD4 binding at *Fos* enhancers was shown to be associated with activity-dependent transcription following synaptic activation (Chen et al., 2019). In addition to binding to enhancer regions, BRD4 regulates the expression of enhancer RNAs (eRNAs), and in turn, eRNA influence BRD4's activity (Rahnamoun et al., 2018). For example, one study revealed that eRNAs dock to BRD4 bromodomains and increase BRD4 binding to genomic sites with H3K27ac and H4K16ac modifications (Rahnamoun et al., 2018). Given that the majority of eRNAs are expressed in a cell type-specific manner, future studies are needed to determine if BET inhibitors produce cell type-specific effects in neurons and other brain cells by disrupting BRD4-enhancer and/or BRD4-eRNA interactions.

1.4. BET inhibitors

In 2010, two small molecule inhibitors based on benzotriazolodiazepine (called I-BET) and thienotriazolodiazepine (called

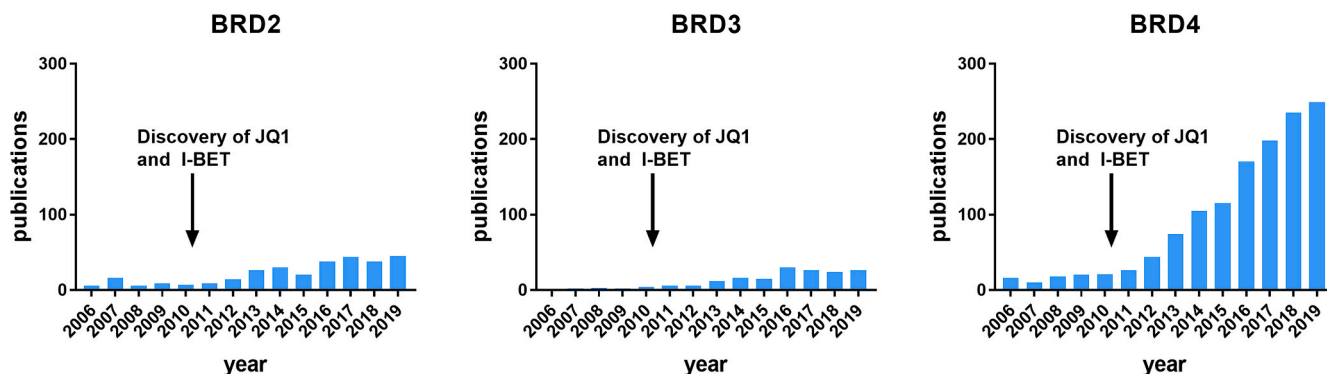


Fig. 1. Yearly publications (2006–2019) for the PubMed search terms BRD2, BRD3, and BRD4. Note the rise in publications (particularly for BRD4) following the discovery of JQ1 and I-BET.

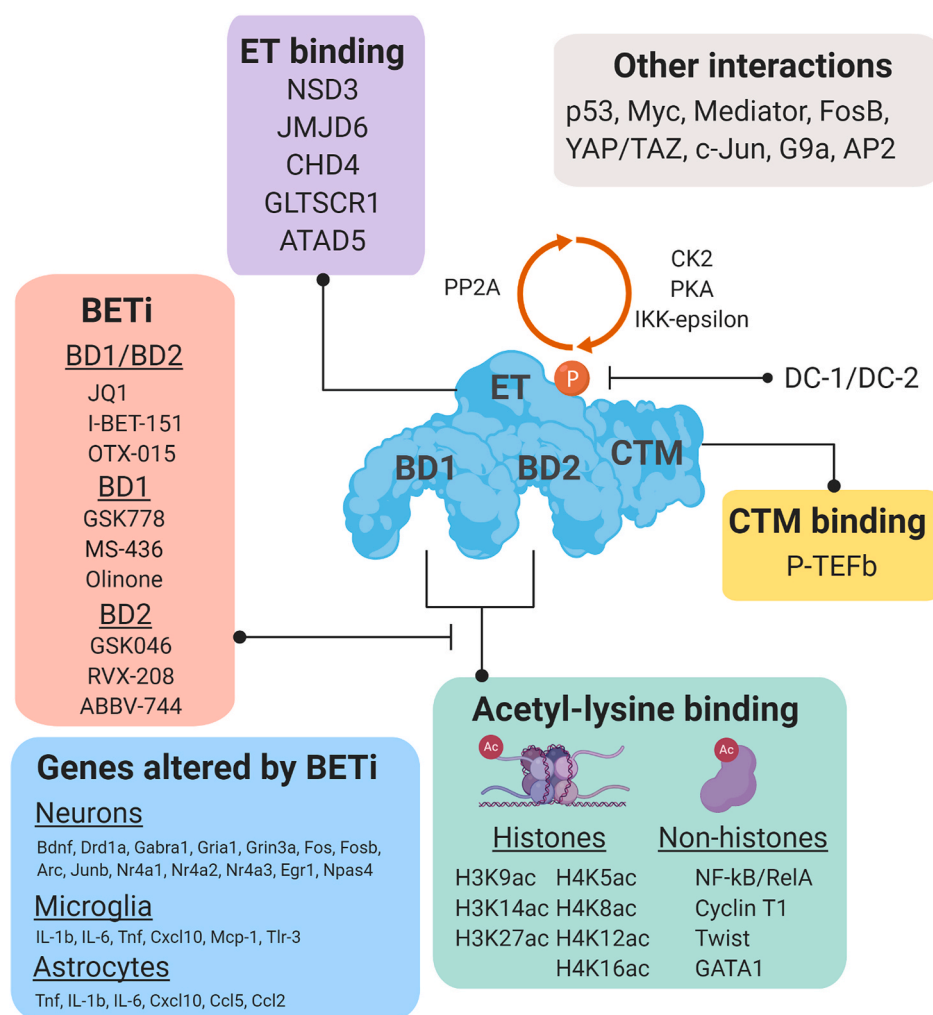


Fig. 2. Interactions with BRD4 domains: BRD4 contains tandem bromodomains (BD1 and BD2) that bind to acetylated histone and non-histone proteins, an extra-terminal domain (ET) that interacts with several chromatin regulators, and a C-terminal motif (CTM) that interacts with P-TEFb to facilitate transcription elongation. Several transcription factors have also been found to associate with BRD4-associated complexes. CK2, PKA, and IKK-epsilon phosphorylate BRD4 to alter its binding to acetylated proteins and PP2A removes the phosphorylation sites. Also listed are examples of BD1/BD2, BD1-selective, and BD2-selective BET inhibitions and key genes altered by BET inhibition in specific cell types.

JQ1) structures were found to selectively inhibit the binding of BET bromodomains to acetylated histones (Filippakopoulos et al., 2010; Nicodeme et al., 2010). Although JQ1, I-BET151, and similar BET inhibitors are highly specific to BET bromodomains over non-BET bromodomains, these molecules bind to both BD1 and BD2 bromodomains within each BET protein and do not discriminate between BRD2, BRD3, BRD4 and BRDT. Over the years, improvements in selectivity, potency, and *in vivo* pharmacodynamics have led to over a dozen small-molecule BET inhibitors that are being tested in clinical trials, primarily for cancer, and many more tool compounds that are commercially available (Cochran et al., 2019). Of the published BET inhibitors, JQ1 and I-BET858 have been shown to penetrate the blood brain barrier and produce molecular and behavioral effects in rodents when injected systemically (Tables 1 and 2) (Korb et al., 2015; Sartor et al., 2015; Sullivan et al., 2015). Importantly, as shown in Table 2, BET inhibitors primarily produce disease-state dependent effects on behavior and few non-specific behavioral side effects have been reported (Korb et al., 2015, 2017; Sartor et al., 2015; Magistri et al., 2016; Benito et al., 2017; Duan et al., 2020). More recently, BD1 selective (GSK778, MS-436, Olinone, and BI-2536) and BD2 selective (GSK046, RVX-208, RVX-297, ABBV-744), small molecule BET inhibitors have been developed (McLure et al., 2013; Zhang et al., 2013; Gacias et al., 2014; Chen et al., 2015; Kharenko et al., 2016; Gilan et al., 2020). BD1-and BD2-selective BET inhibitors produced discrete transcriptional profiles *in vitro*, compared to compounds that are not selective for individual BET bromodomains (Picaud et al., 2013). However, in a more recent study, the BD1-selective inhibitor GSK778 showed similar transcriptional

effects compared to pan-BET inhibitors in cancer models. Intriguingly, compared to BD1-selective and pan-BET inhibitors, the BD2-selective inhibitor GSK046 produced a unique transcriptional profile, caused limited effects on BRD4 binding to chromatin or cell proliferation, and showed an effective response in inflammatory and autoimmune disease models (Gilan et al., 2020). Thus, unlike pan-BET inhibitors, highly-selective BD2 BET inhibitors primarily modify transcription of induced genes and leave established transcriptional programs largely unchanged.

Recent screening experiments have revealed that some kinase inhibitors also act as potent BET inhibitors. For example, dinaciclib (CDK inhibitor), TG101209 (JAK2 inhibitor), and BI-2536 (PLK1 inhibitor) inhibit BET bromodomains at submicromolar concentrations (Ember et al., 2014; Hu et al., 2017). Thus, the effects observed in previous studies using these kinase inhibitors may be due, in part, to their inhibition of BET proteins. These findings have led to the design and development of multiple, dual BET-kinase inhibitors (Ember et al., 2017). Other dual inhibitors have also emerged for BETs and HDACs (Shao et al., 2017) as well as BETs and HATs (Picaud et al., 2015). While most of these compounds have only been studied in cancer models, future studies are needed to determine if dual BET inhibitors have utility in CNS-related disease models.

The compounds described above prevent BET bromodomain interactions with acetylated histones and non-histone proteins. Because BET proteins have bromodomain-independent functions, newer strategies have recently been developed to investigate additional molecular aspects of BET proteins. For example, in a technique known as

Table 1

BET mechanisms in CNS-related disease models.

Disease model	Inhibitor	Cell line/rodent model	Genes/targets	Mechanisms/pathways	Reference
Cerebellar ataxia	n/a	Mouse cerebellum, cerebellar granule cell progenitors	<i>Brd4, Gli 1</i>	Cerebellar granule cell neurogenesis, cerebellum development	Penas et al. (2019)
Autism spectrum disorder	IBET858	Primary neuron culture, young WT mice	<i>Met, Gabra1, Cntn6, Pde4b, Npas2, Cdh10, Foxp1, Cacna1, Kcna1/4, Drd1a, Gria1-3, Fosb, Junb, Grin3a, Pde1c/4d, Ank3, Bdnf, Dscam1, Ntrk3</i>	Neuronal development and function	Sullivan et al. (2015)
Fragile-x syndrome	JQ1	Fmr1 KO neuronal culture, Fmr1 KO mice	<i>Nr4a1, Shank 2, Arc, Gria1</i>	Neuronal development and function, chromatin organization	Korb et al. (2017)
Ischemic stroke	dBET JQ1	MCAO mouse model MCAO mouse model	<i>Tnf-α, Cxcl1, Cxcl10, Ccl2, and Mmp-9</i> <i>Tnf-α, Il-1b, Il-6, Il-18, Nlrp3, Asc, Caspase-1, Gsdmd</i>	NF-κB pathway NF-κB pathway, glial activation	DeMars et al. (2019) Zhou et al. (2019)
Spinal cord injury	JQ1	Primary mouse macrophages, astrocytes, neurons, oligodendrocytes, microglia and mouse SCI model	<i>Tnf-α, Il-1b, Il-6, Cxcl10, Ccl5, Ccl2, Ccl16</i>	NF-κB pathway, leukocyte infiltration	Rudman et al. (2018)
	JQ1	HAPI microglia cells, mouse SCI model	<i>Il-6, Il-1b, p-p65, IkBa, Iba-1, iNos, Cox-2</i>	NF-κB pathway, microglia activation	Wang et al. (2018)
	JQ1	Mouse SCI model	<i>Il-6, Il-1b, Tnf-α, Ccl2, Il-4, Il-13, Il-10</i>	NF-κB pathway, microglia/macrophage activation	Sanchez-Ventura et al. (2019)
Multiple Sclerosis/EAE	RVX297	U937 macrophage cell line, EAE mouse model	<i>Il-1b, Il-6, Il-17, Tnf-α, Hist2h2be, IFN-γ, MCP-1</i>	NF-κB Pathway	Jahagirdar et al. (2017)
Juvenile myoclonic epilepsy	n/a	Brd2 ± mice	GAD67, parvalbumin-positive neurons	GABA neurotransmission	(Velisek et al., 2011); (Chachua et al., 2014)
Seizures	JQ1	Pentylenetetrazol-induced seizures in WT mice	GluA1	Synaptic function, ion channel expression	Korb et al. (2015)
Diabetes-induced cognitive impairment	JQ1	STZ-induced diabetic rats	<i>Il-1β, Tnf-α, p-AKT, Bax, Bcl-2</i>	Inflammatory cytokine pathway, Nox4-Nrf2 redox balance	Liang et al. (2018)
Parkinson's Disease	JQ1	6-OHDA model of L-DOPA induced dyskinesia in rats	<i>Dab1, Esr1, Ntrk2, Arc, FosB, Nedd41, Bdnf</i>	Corticostratial plasticity	Figge and Standaert (2017)
Amyotrophic lateral sclerosis	JQ1, EP72, BET151	C9/ALS fibroblasts	<i>C9ORF72</i>	Epigenetic regulation of <i>C9ORF72</i>	Zeier et al. (2015)
Alzheimer's disease	JQ1	3xTg mice	<i>Il-b, Il-6, Ptg2, Ccl2, Tnf-α, Nos 2</i>	Tau phosphorylation, proinflammatory cytokine expression	Magistri et al. (2016)
	JQ1	APP/PS1 mice	<i>Egr1, Egr2, Junb, cFos, Arc, Nr4a2</i>	Ion channel function, DNA repair, RNA localization, synaptic transmission	Benito et al. (2017)
Substance use disorder	JQ1	WT mice, Sprague Dawley rats	<i>Bdnf, Il-1b, Arc, Fos, Gria1, Gria2, Creb</i>	Cocaine-induced neuroplasticity	(Sartor et al., 2015); (Guo et al., 2019)
	JQ	Long Evans rats	n/a	Opioid-induced chromatin conformation	Egervari et al. (2017)
Schizophrenia	JQ1	Neurons from SZ patients, WT mice	n/a	H2A.Z and H4 acetylation mechanisms	Farrelly et al. (2019)
Post-traumatic stress disorder	JQ1	Mouse anterior cingulate cortex	<i>IGF-2, Egr2, Grin2a, Grin2b, Sypl, Igf2</i>	Neuroplasticity associated with remote fear memory	Duan et al. (2020)
Glioblastoma	JQ1	T4105, T4302, T4597 primary GBM xenografts	<i>c-MYC, p21^{CIP1/WAF1}, hTERT, BCL-2, BCL-XL</i>	Cell proliferation and apoptosis	Cheng et al. (2013)
	JQ1	U87, U87EGFRvIII, LN229, U373, GBM6 cell lines	<i>SOX9 and FOXG1</i>	Cell proliferation and apoptosis	Liu et al. (2015)
	iBET151	U87MG, A172, SW1783 GB cell lines; UM20-patient cell lines; GBM xenografts	<i>p21^{cip1}, HEXIM-1</i>	Cell proliferation, G1/S cell cycle transition	Pastori et al. (2014)
	iBET151	LN18, U87MG, A172, T98G cell lines; Post-mortem GBM tissues; U87 cell lines transplanted in CrI:Nu-Foxn1 nude mice	<i>HOTAIR, MEG3, NEAT1, DGRR5, TUG1</i>	Cell proliferation	Pastori et al. (2015)
	OTX 051	U87MG, T98G, U118 cell lines, U87MG orthotopic and heterotopic mouse model	<i>c-MYC, CDKN1A, SESN3, HEXIM-1, HIST2H2BE, HIST1H2BK, MTHFDIL, HIST2H4A, HIST1H2BJ</i>	Cell cycle regulation, Ras/Akt/mTOR pathway, Synthesis of purines and thymidylates	Berenguer-Daize et al. (2016)
Medulloblastoma	JQ1	D283, D425, D458, DAOY, ONS-76 cell lines	<i>c-MYC, SOX2, Nanog, Nestin, MAP2</i>	Cell proliferation	Venkataraman et al. (2014)
	JQ1	HD-MB3, ONS-76, UW-228, DAOY, D-341, D-283 cell lines	<i>c-MYC, cyclin D1, E2F1</i>	Cell proliferation, p53 pathway, DNA replication	Henssen et al. (2013)
	JQ1, iBET151	RCMB018, RCMB025, Hh-Light 2, SuFu-/- MEF cell lines	<i>GLI1, GLI2, c-MYC, P21, CDK4</i>	Hedgehog signaling pathway, cell cycle	(Long et al., 2014); (Tang et al., 2014)

proteolysis targeting chimera (PROTAC), a BET inhibitor, such as JQ1, is conjugated to an ubiquitin ligase recognition module ([Yang et al., 2019](#)). JQ1 displaces the BET proteins from chromatin and the ubiquitin ligase recognition site recruits E3 ubiquitin ligases, leading to

polyubiquitylation of BET proteins and proteasome-dependent degradation. With the rapid and selective degradation of BET proteins, PROTAC compounds such as dBET1, ARV825 and MZ1 provide an additional opportunity to impede all functions of BET proteins ([Winter](#)

Table 2
BET inhibitor effects on behavior.

Behavioral test	Inhibitor	Dose	Frequency	Effect	Reference
Locomotor activity	IBET858	30 mg/kg, i.p.	Single injection	no effect	Sullivan et al. (2015)
	IBET858	30 mg/kg, i.p.	1 injection/day for 2 wks	↓ distance traveled	Sullivan et al. (2015)
	JQ1	25 and 50 mg/kg, i.p.	1 injection/day for 1 wk	no effect	Korb et al. (2017)
	JQ1	50 mg/kg, i.p.	1 injection/day for 1 or 3 wks	no effect	Korb et al. (2015)
	JQ1	50 mg/kg, i.p.	1 injection/day for 1 wk	no effect	Benito et al. (2017)
	JQ1	25 mg/kg, i.p.	Single injection	no effect	Sartor et al. (2019)
	JQ1	50 mg/kg, i.p.	Single injection	no effect	Sartor et al. (2015)
	JQ1	20 μmol/L, dorsal striatum	Single injection	no effect	Egervari et al. (2017)
	JQ1	50 mg/kg, i.p.	1 injection/day for 5 days	no effect	Duan et al. (2020)
	JQ1	50 mg/kg, i.p.	1 injection/day, 5 days/wk for 15 wks	no effect	Magistri et al. (2016)
Thigmotaxis/open field	IBET858	30 mg/kg, i.p.	Single injection	no effect	Sullivan et al. (2015)
	IBET858	30 mg/kg, i.p.	1 injection/day for 2 wks	↑ anxiety and stereotypic behavior	Sullivan et al. (2015)
	JQ1	50 mg/kg, i.p.	1 injection/day for 1 or 3 wks	no effect	Korb et al. (2015)
	JQ1	50 mg/kg, i.p.	1 injection/day for 5 days	no effect	Duan et al. (2020)
	JQ1	25 and 50 mg/kg, i.p.	1 injection/day for 1 wk	no effect	Korb et al. (2017)
Y-maze	JQ1	50 mg/kg, i.p.	1 injection/day, 5 days/wk for 15 wks	no effect	Magistri et al. (2016)
Barnes maze	JQ1	50 mg/kg, i.p.	1 injection/day, 5 days/wk for 15 wks	no effect	Magistri et al. (2016)
Novel object recognition	JQ1	50 mg/kg, i.p.	Single injection and 1 injection/day for 1 or 3 wks	↓ novel object recognition	Korb et al. (2015)
	JQ1	25 mg/kg, i.p.	1 injection/day for 1 wk	↓ novel object recognition	Korb et al. (2017)
Social interaction	IBET858	30 mg/kg, i.p.	Single injection	no effect	Sullivan et al. (2015)
	IBET858	30 mg/kg, i.p.	1 injection/day for 2 wks	↓ social interaction	Sullivan et al. (2015)
	JQ1	50 mg/kg, i.p.	1 injection/day for 1 wk	no effect in WT, ↓ in FXS mice	Korb et al. (2017)
Fear conditioning	JQ1	50 mg/kg, i.p.	1 injection/day for 1 or 3 wks	no effect on acquisition, ↑ freezing in new context	Korb et al. (2015)
	JQ1	50 mg/kg, i.p.	1 injection/day for 1 wk	↑ freezing	Benito et al. (2017)
	JQ1	5 μg, intra-hippocampal	1 to 4 injections	↑ freezing	Benito et al. (2017)
	JQ1	50 mg/kg, i.p.	1 injection/day for 5 days	no effect on recent memory. ↓ extinction of remote memory	Duan et al. (2020)
	IBET858	30 mg/kg, i.p.	Single injection	no effect	Sullivan et al. (2015)
Marble burying	JQ1	25 and 50 mg/kg, i.p.	1 injection/day for 1 wk	no effect in WT, ↓ in FXS mice	Korb et al. (2017)
Morris water maze	JQ1	50 mg/kg, i.p.	13 injections during training	no effect on escape latency, ↑ time in target area	Benito et al. (2017)
Condition place aversion (LiCl)	JQ1	50 mg/kg, i.p.	1 injection/day for 3 days	no effect	Sartor et al. (2015)
Condition place preference (cocaine)	JQ1	25 and 50 mg/kg, i.p.; 10 μM intra-NAc	1 injection/day for 3 days	↓ acquisition	Sartor et al. (2015)
	JQ1	25 mg/kg, i.p. and 5–10 μM intra-NAc	Single injection	↓ expression and reinstatement	Guo et al. (2019)
Cocaine self-administration	JQ1	25 mg/kg, i.p.; 10 μM intra-NAc	Single injection	↓ cocaine intake	Guo et al. (2019)
Cocaine-induced locomotor activity	JQ1	10 μM intra-NAc	Single injection	↓ hyperactivity	Guo et al. (2019)
Heroin self-administration	JQ1	20 μmol/L, dorsal striatum	3 injections	↓ heroin-seeking and taking behaviors	Egervari et al. (2017)

et al., 2015; Zengerle et al., 2015; Sakamaki et al., 2017). Blocking the interaction between phosphorylated BRD4 and transcriptional factors is another novel therapeutic strategy to manipulate BRD4 function without blocking its bromodomain binding activity. Recently, cell-permeable peptoids (DC-1 and DC-2) were found to specifically bind to the NPS regions of human BRD4 and block BRD4 phosphorylation-specific functions (Wu et al., 2016). Thus, with the growing number of highly selective and versatile tools to manipulate BET activity, the prospect of identifying novel roles for BET proteins in CNS-related disorders is increasingly promising.

1.5. BET expression in the CNS

While BRD2, BRD3, and BRD4 mRNAs and proteins are thought to be ubiquitously expressed, recent studies have shown that some BETs are enriched in specific brain cells. For example, consistent with BRD4's essential role in neuronal function, baseline BRD4 protein levels were shown to be enriched in mouse neurons compared to other brain cells (Korb et al., 2015). In the mouse nucleus accumbens (NAc), a brain region important in reward processing, baseline *Brd4* mRNA levels were found to be more than 3 times higher than *Brd2* and *Brd3* mRNA (Guo et al., 2019), an indication that BRD4 plays an important role in reward-seeking behaviors. Consistent with a potential link between BETs and reward processing, BET proteins in the amygdala, nucleus accumbens, and midbrain were found to be expressed at higher levels compared to other brain regions using PET radiotracers in rodents and non-human primates (Bai et al., 2019). In single-cell analysis studies, differences in BET mRNA expression levels are also apparent across neuronal subtypes (Saunders et al., 2018). In the mouse brain, for example, *Brd3* mRNA levels are expressed at higher levels in most neuronal subtypes compared to *Brd2* and *Brd4*, and *Brd2* levels are relatively lower compared to *Brd3* and *Brd4*. Within the striatum, *Brd4* mRNA levels are higher in dopamine 1 receptor- (D1R) and dopamine 2 receptor- (D2R) expressing neurons, whereas *Brd3* is expressed at higher levels in non-D1R and -D2R neurons in the striatum (Fig. 3). The enrichment of *Brd4* in D1R- and D2R-expressing neurons is consistent with the findings of Guo et al. (2019), as the NAc primarily consists of D1R- and D2R-expressing neurons. Other notable differences in cell type-specific enrichment of individual BET mRNAs can be found in the prefrontal cortex (*Brd4* claustrum_Nr4a2 neurons), hippocampus (*Brd3* in CajalRetzius_Lhx1 and Subiculum_Entorhinal_Nxph3 neurons), and cerebellum (*Brd2* in Nnat interneurons) (Fig. 3). Thus, while BETs are expressed in most brain cells, expression levels vary among neuronal subtypes and may contribute to unique cell-type specific mechanisms in the brain. Future studies using cell type-specific manipulations of individual BET proteins within specific brain regions are needed to precisely understand the functional importance of BETs in brain health and disease.

2. BETs in CNS-related disorders

2.1. BETs in neurodevelopment

Arising from multifactorial genetic and environmental interactions, neurodevelopmental disorders are characterized by impairments in growth and development of the central nervous system that ultimately lead to deficits in speech, learning and memory, and/or motor skills. In embryonic developmental studies, *Brd2* and *Brd4* were found to be essential for survival in mice (Houzelstein et al., 2002; Shang et al., 2009). While *Brd4* deficient mice result in embryonic lethality prior to implantation, conditional knockout of *Brd4* in the cerebellum caused deficits in granule cell progenitor proliferation and cerebellar morphology, leading to cerebellar ataxia in mice (Penas et al., 2019). *Brd2* null embryos exhibit defects in neural tube closure that most commonly appear as exencephaly of the hindbrain and die by embryonic day 13 (Gyuris et al., 2009). However, heterozygous *Brd2* ± mice are

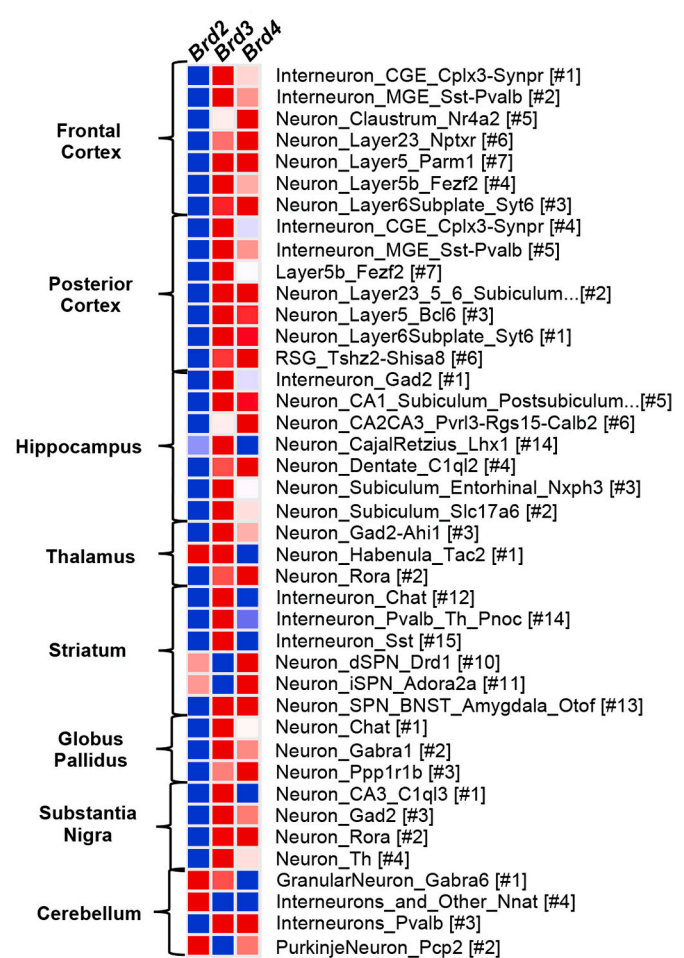


Fig. 3. Heatmap of *Brd2*, *Brd3*, and *Brd4* mRNA expression in mouse neuronal cell types. Each row compares relative expression of *Brd2*, *Brd3*, and *Brd4* mRNA within a cell type cluster from the specified brain region. RNA expression is compared using normalized mean log values obtained from DropVis single-cell RNAseq database (<http://dropviz.org/>). The heatmap was generated using Morpheus tool provided by the Broad Institute (<https://software.broadinstitute.org/morpheus/>). Red indicates higher expression levels and blue indicates lower expression levels. Note that these are baseline expression levels and that specific disease states may augment *Brd2*, *Brd3*, *Brd4* levels in a cell type-specific manner. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

viable but exhibit increased susceptibility to provoked seizures, develop unprovoked spontaneous seizures, show decreased activity in GAD67-positive neurons in the basal ganglia, and exhibit aggressive behavior (Velisek et al., 2011; Chachua et al., 2014). Similar to the findings in heterozygous *Brd2* ± mice, mutations in the human *BRD2* promoter region are associated with juvenile myoclonic epilepsy (JME), an adolescent onset generalized epilepsy (Durner et al., 1991; Weissbecker et al., 1991; Pal et al., 2003; Cavalleri et al., 2007) (Table 1). Thus, data from mice and humans indicate that an underlying mechanism of JME may involve a developmentally determined deficit of GABAergic neurons caused by alterations in *BRD2* activity (Velisek et al., 2011; Chachua et al., 2014).

To investigate the effects of BET inhibition on neurodevelopment, Sullivan and colleagues identified and tested a novel, brain-permeable BET inhibitor called I-BET858 (Sullivan et al., 2015). In both primary neurons and young mice, I-BET858 altered the expression of genes that regulate neuronal development, synaptic formation, and synaptic function, many of which are known autism-associated genes (e.g., *Met*, *Gabra1*, *Cntn6*, *Pde4b*, *Npas2*, *Cdh10*, and *Foxp1*). Other genes involved

in neurotransmitter receptor signaling (*Grin 3*, *Pde1c/4d*), ion channels (*Cacna2d1*, *Kcma1*, and *Kcna1/4*), and dendrite and axon development (*Ank3*, *Bdnf*, *Camk2d*, *Dscaml1*, *Ntrk3*, and *Sema3a*) were also altered in primary neurons and/or in the striatum of young mice treated with I-BET858 (Table 1). Interestingly, the repressive effects of I-BET858 on gene expression were significantly correlated with the gene length, with genes over 100 kb being reduced the most. In addition to changes in gene expression, multiple autism-like behaviors were observed in young mice (4 weeks old) treated with chronic but not acute I-BET858. For example, after 2 weeks of daily treatment with I-BET858 (30 mg/kg), mice displayed reduced exploration, increased anxiety-like behavior in open field, and reduced sociability and social novelty preference (Sullivan et al., 2015) (Table 2).

Although suppression of BET proteins produced autism-like behaviors in young mice, increased activity of BRD4 was shown to play an essential role in a mouse model of Fragile X syndrome (FXS). In neurons from fragile X mental retardation protein (FMRP) knockout mice, a model for FXS, BRD4 protein along with histone marks associated with active chromatin states (H3K27ac, H4K8ac, H4K16ac and H3K4me3) were significantly increased (Korb et al., 2017). When comparing the genes changed in FMRP KO neurons to wild-type neurons treated with JQ1, many of the same genes were altered. Consistent with these findings, all significantly elevated genes in FMRP KO neurons were reduced by JQ1, an indication that BRD4 plays a key role in the transcriptional dysregulation following FMRP KO. In FMRP KO mice, JQ1 reduced the elevated number of dendritic spines, decreased repetitive behaviors, and normalized social behaviors (Korb et al., 2017) (Table 2). Together these data in FXS and autism mouse models indicate that the appropriate amount of BET protein is essential for optimal neuronal function and deficits emerge from too much or too little BET activity during neurodevelopment.

2.2. BETs in neuroinflammation, myelination, and repair

Some of the earliest studies with BET inhibitors indicated that these compounds have anti-inflammatory properties by reducing Nuclear factor kappa B (NF- κ B) signaling (Nicodeme et al., 2010). Initial studies revealed that the RelA subunit of NF- κ B is acetylated by p300 which promotes BRD4 binding and BRD4-mediated transcriptional co-activation of NF- κ B target genes (Huang et al., 2009). Since these initial studies, BET inhibitors have been shown to attenuate the expression of many genes involved in inflammation (e.g., *Il-6*, *Il-10*, *Il-17*, *Il-1 β* , *Tnf- α* , *Mcp-1/Ccl2*) and prevent endotoxin-induced death in mice (Huang et al., 2009; Bandukwala et al., 2012; Belkina et al., 2013; Barrett et al., 2014; Wang et al., 2018). In chromatin immunoprecipitation studies, BRD4 was found to physically associate with the promoter regions of inflammatory cytokine genes such as *Il-1 β* , *Il-6*, *Cxcl8*, *Tnf- α* in fibroblasts and macrophages, and BET inhibition reduced BRD4 binding to these promoter regions (Barrett et al., 2014; Khan et al., 2014). Consistent with other cell types, BET inhibitors also produce anti-inflammatory responses in brain cells. For example, in purified primary astrocytic and microglial cell lines, JQ1 reduced the expression of cytokines and chemokines via PA1/tPA axis and MAPK/NF- κ B signaling pathways, respectively (Choi et al., 2015; Wang et al., 2018). Similarly, in primary neuronal, oligodendroglial, microglial and astrocytic cell cultures, JQ1 decreased the expression of several genes associated with inflammation (*Il-6*, *Il-1 β* , *Tnf- α* , *Ccl5*, *Ccl2*, *Cxcl10*) (Rudman et al., 2018; Wang et al., 2019).

Since BET inhibition has been shown to reduce inflammatory responses in cultured brain cells, a role for BET proteins in stroke-induced neuroinflammation was recently explored. Using a middle cerebral artery occlusion model (MCAO) of ischemic stroke, BRD4 and inflammatory cytokines (*Il-1b*, *Il-6*, *Il-18*, and *Tnf- α*) were found to be significantly elevated in mouse brain tissue (Zhou et al., 2019). Functional studies using MCAO mice demonstrated that JQ1 reduced glial activation, expression of pro-inflammatory factors, pyroptosis, and infarct volume

(Zhou et al., 2019). Consistent with these results, the BET degrader, dBET1, also provided neuroprotective effects in mice following ischemic stroke (DeMars et al., 2019). In other studies using a rodent model of contusive spinal cord injury (SCI), JQ1 decreased leukocyte infiltration, pro-inflammatory cytokines and chemokines, cell death, and improved functional recovery after spinal cord injury (Rudman et al., 2018; Wang et al., 2019) (Table 1). Collectively, these experiments indicate that BET inhibitors may offer neuroprotection from hyperinflammatory responses following ischemia and neural injury.

Apart from the transcriptional control of cytokines and chemokines, BET proteins have also been shown to play important role in T-cell differentiation and function, which is widely recognized as mediator of autoimmune conditions, such as multiple sclerosis (MS) and the related murine model, experimental autoimmune encephalomyelitis (EAE) (Littman and Rudensky, 2010; Jahagirdar et al., 2017). BRD4 and BRD2 have been shown to associate with the IL-17 locus in Th17 cells, control Th17 differentiation, and regulate multiple effector Th17-associated cytokines such as IL-17, IL-21, and GM-CSF (Cheung et al., 2017). In the murine EAE model, BET inhibitors decreased generation and function of Th17 cells, thus protecting the EAE mice from quadriplegia as well as decreased demyelination (Mele et al., 2013; Jahagirdar et al., 2017). While most therapeutic interventions for MS are based on immunomodulation to reduce demyelination, few studies have focused on promoting remyelination and repair. After an acute demyelinating attack, a wave of oligodendrocyte progenitor cells saturate the damaged area in an attempt to control the injury (Grade et al., 2013). However, remyelination that occurs at this stage is inadequate to control disease progression (Kuhlmann et al., 2008). The inadequacy in remyelination despite the increased presence of oligodendrocyte progenitor cells (OPCs) at the injury site is associated with increased histone acetylation in OPCs. Interestingly, the BD1-selective BET inhibitor, Olinone, was found to accelerate the progression of mouse primary oligodendrocyte progenitors towards differentiation, whereas inhibition of both bromodomains of BET proteins impeded differentiation (Gacias et al., 2014). Thus, these data demonstrate that bromodomain-selective BET inhibitors may have therapeutic advantages in lifting the OPCs differentiation block and promoting remyelination.

2.3. BETs in learning and memory

Epigenetic regulatory mechanisms are critical for learning and memory (Alarcon et al., 2004; Korzus et al., 2004; Levenson et al., 2004; Levenson and Sweatt, 2005). BET proteins, in particular, have high affinity for histone marks (H4K5/K8/K12ac) that are associated with learning and memory (Guan et al., 2009; Peleg et al., 2010; Umehara et al., 2010a, 2010b; LeRoy et al., 2012). Additionally, BET inhibitors have been shown to regulate expression of multiple genes associated with neuroplasticity and learning and memory (e.g., *Bdnf*, *Nr4a1/2*, *Gria1*, *Fos*, *Arc*, *Egr1* and *Junb*) (Korb et al., 2015; Sartor et al., 2015, 2019; Benito et al., 2017; Duan et al., 2020). However, little is known about the expression levels of individual BET proteins or occupancy of BET proteins at specific genomic sites following a learning event, a major impediment to understanding mechanistic roles of BETs in learning and memory. In behavioral studies, chronic administration of JQ1 attenuated long-term, but not short-term, memory in the novel object recognition task in mice (Korb et al., 2015, 2017). However, other types of contextual learning and memory tasks were not altered by BET inhibition (Korb et al., 2015; Sartor et al., 2015; Sullivan et al., 2015). In most of learning and memory studies, BET inhibitors were administered by intraperitoneal injections (Table 2). Thus, it is unclear if the BET inhibitor is reaching specific brain regions at sufficient concentrations to affect learning and memory. Future studies using brain region-specific injections of BET inhibitors or viral-mediated knockdown of individual BET proteins in specific brain regions are needed to accurately determine the role of BET proteins in specific aspects of learning and memory. Across multiple studies, however, other behaviors such as locomotor

activity and anxiety-like behavior in an open field task were not changed by JQ1 (Table 2) (Korb et al., 2015, 2017; Sartor et al., 2015; Magistri et al., 2016; Benito et al., 2017; Duan et al., 2020), an indication that JQ1 is not causing wide-spread behavior changes and deficits in motor function.

Although the effects of BET inhibition on learning and memory are actively being investigated, HDAC inhibitors, in many instances, enhance learning and memory (Guan et al., 2009; Calfa et al., 2012; Graff and Tsai, 2013; Benito et al., 2015; Ganai et al., 2016; Sartor et al., 2019). Because HDAC inhibitors typically increase histone acetylation and learning and memory and because BET proteins are readers of histone acetylation, a role for BETs in HDAC inhibitor-induced enhancement of learning and memory was recently investigated. Using molecular, physiological, and behavioral techniques, BRD4 was shown to be necessary for the increased BDNF expression, long-term potentiation, and memory following HDAC3 inhibition (Sartor et al., 2019). Thus, the neuroprotective and cognition-enhancing properties of some HDAC inhibitors are mediated, in part, by BET proteins.

2.4. BETs in neurodegenerative disorders

Targeting histone acetylation factors is a promising therapeutic strategy for the treatment of neurodegenerative disorders (Berson et al., 2018). In particular, HDAC inhibitors appear to show beneficial effects in animal models of Alzheimer's disease (AD) (Govindarajan et al., 2011; Gräff et al., 2012; Volmar et al., 2017; Janczura et al., 2018), but the effectiveness of BET inhibitors in AD models remains unclear. For example, in the 3xTg mouse model of AD, repeated exposure to JQ1 did not affect learning and memory in the Barnes maze and Y-maze tasks, but did reduce neuroinflammation and Tau phosphorylation (Magistri et al., 2016). Contrary to the findings above, Benito and colleagues found that JQ1 enhanced learning and memory and hippocampal long-term potentiation in the APP/PS1 mouse model for AD (Benito et al., 2017) (Table 2). Methodological differences such as mouse strain and age, treatment regimen, dose, vehicle used for JQ1, and behavior training protocols may explain these divergent results. Clearly, more testing is needed to determine if BET inhibitors have potential therapeutic value for AD. Additionally, as little is known about the functional importance of BETs in aging, future studies should focus on BETs in both pathological and non-pathological brain function associated with the aging.

Although mixed results have been reported in animal models of AD, some evidence indicates that selective BET inhibitors may improve cognitive function and AD by augmenting biomarkers typically associated with cardiovascular disease. For example, the BD2-selective BET inhibitor, RVX-208, has been shown to increase apolipoprotein A1 (ApoA1) and high-density lipoprotein (HDL) (McNeill, 2010), two factors that are often decreased in patients with AD and cognitive impairments (Merched et al., 2000; Button et al., 2019). Consistent with the potential benefits of BD2-selective BET inhibitors in AD, RVX-208 was found to increase plasma levels of A β 40 by 12–14% in AD patients (Rvx 208 2011). Although these initial studies are promising, large-scale clinical trials are needed to determine if RVX-208-induced changes ApoA1, HDL and A β 40 levels leads to improved cognitive function in AD patients.

Apart from Alzheimer's disease, BET proteins have also been shown to play important roles in other models of neurodegenerative disorders. In the 6-OHDA rodent model of levodopa-induced dyskinesia, an animal model for Parkinson's disease, increased levels of *Brd2* mRNA were observed in the dorsal striatum, along with increased binding of BRD2 and BRD4 proteins to the promoter and enhancer regions of the genes dysregulated during dyskinesia induction (e.g., *Dab1*, *Esr1*, *Ntrk2*, *Arc*, *FosB*, and *Nedd41*). Consistent with these molecular results, JQ1 was shown to reduce levodopa-induced dyskinesia in rats (Figge and Standaert, 2017), an indication that BET inhibition may improve symptoms associated with Parkinson's disease. In *in vitro* models of

amyotrophic lateral sclerosis (ALS), BET inhibitors and BRD3 siRNA elevated the expression of unexpanded C9ORF72 mRNA and pre-mRNA without altering repressive epigenetic signatures of expanded C9ORF72 alleles (Zeier et al., 2015). Interestingly, BET inhibition did not alter expression of expanded alleles in fibroblasts from Fragile X syndrome or Freiderich's ataxia patients, indicating a C9ORF72-specific effect (Table 1). Thus, BET and/or BRD3 inhibition may be effective at rescuing C9ORF72 haploinsufficiency and reducing symptoms associated with ALS. Future experiments in animal models of ALS are needed to corroborate these initial *in vitro* studies.

2.5. BETs in psychiatric disorders

Alterations in histone acetylation mechanisms are associated with many psychiatric conditions (Tremolizzo et al., 2002; Kumar et al., 2005; Renthall et al., 2007; Malvaez et al., 2010; Kurita et al., 2012; Stafford et al., 2012; Moonat et al., 2013). In animal models of substance use disorder (SUD), for example, chronic administration of cocaine elevates global histone acetylation levels in reward-related brain regions, such as the nucleus accumbens (Renthall et al., 2009), and manipulation of histone acetyltransferases and histone deacetylases drastically affects behavioral and molecular responses to psychostimulants in rodents (Kumar et al., 2005; Renthall et al., 2007, 2009; Sun et al., 2008; Im et al., 2010; Malvaez et al., 2010, 2011, 2013; Wang et al., 2010; Kennedy et al., 2013; Rogge et al., 2013). Given that histone acetylation factors impact drug-induced neuroadaptations and behaviors, a role for BET proteins was recently examined in animal models of SUD. BRD4, but not BRD2 or BRD3, protein was found to be significantly elevated in the NAC of rats following cocaine self-administration (Sartor et al., 2015). In behavioral studies, systemic and intra-NAC administration of JQ1 attenuated cocaine conditioned place preference (CPP), an animal model measuring contextual reward associations, but did not affect locomotor activity or other types of contextual learning (Sartor et al., 2015) (Table 2). Investigating the underlying mechanisms, repeated cocaine administration was found to increase binding of BRD4 to the promoter region of *Bdnf* in the NAC, while systemic injection of JQ1 reduced cocaine-induced expression of *Bdnf* in the NAC. These data are consistent with other results showing BET-mediated regulation of *Bdnf* (Sullivan et al., 2015; Zeier et al., 2015; Guo et al., 2019; Sartor et al., 2019). In unpublished results from our laboratory, JQ1 also attenuated nicotine and amphetamine CPP, indicating that BET proteins play a role in multiple psychostimulant-induced behaviors.

More recently, Guo and colleagues found that phospho-BRD4 levels were elevated in the NAC following cocaine-seeking behaviors, and JQ1 attenuated expression and reinstatement of cocaine CPP and cocaine self-administration in mice (Guo et al., 2019). In other SUD-related studies, JQ1 injections in the dorsal striatum reduced heroin self-administration and cue-induced heroin-seeking behavior in rats (Egervari et al., 2017) (Table 2). Though no studies have examined a functional role for BETs in alcohol-induced behaviors, Barbier and colleagues found that *Brd3* and *Brd4* mRNA levels were reduced in the dorsal medial prefrontal cortex of alcohol-dependent rats (Barbier et al., 2017). Together, these observations support the view of BET proteins as novel regulators of drug-induced neuroadaptations and that modulation of BET activity may have therapeutic efficacy in SUD-related behaviors.

Although still in relatively early stages, multiple reports have shown a potential link between BET activity and other psychiatric disorders. For example, single nucleotide polymorphisms (SNPs) associated with schizophrenia were found to be highly enriched within BRD4 binding sites, potentially linking BRD4 to an increased susceptibility to schizophrenia (Zuber et al., 2017). In neurons from patients with schizophrenia, binding sites of BRD4 (H2A.ZK4K7K11ac and H4K5K8K12ac) were significantly increased, and in mechanistic studies, JQ1 partially ameliorated transcriptional and behavioral deficits associated with schizophrenia in rodents (Farrelly et al., 2019). In fear conditioning, an animal model for post-traumatic stress disorder (PTSD), alternative

splicing changes in *Brd2* and *Brd3* were observed in the hippocampus following retrieval of a fear memory (Poplawski et al., 2016). However, the behavioral effects of pharmacological inhibition of BET proteins with respect to fear conditioning have been inconsistent (Korb et al., 2015; Sullivan et al., 2015; Benito et al., 2017; Duan et al., 2020) (Table 2). For example, acquisition of fear conditioning was increased by JQ1 in one study (Benito et al., 2017), but unchanged in multiple other studies (Korb et al., 2015; Sullivan et al., 2015; Duan et al., 2020). In the Korb et al. (2015) study where acquisition of fear conditioning was unchanged, JQ1-treated mice showed increased freezing behavior when exposed to a new context, an effect the authors contribute to BET's involvement in hippocampus-dependent test of context discrimination (Korb et al., 2015). In a more recent study, JQ1 was shown to impair extinction of remote fear memory, but not a recent fear memory (Duan et al., 2020). In mechanistic experiments, insulin like growth factor 2 (IGF-2) was shown to be upregulated in the anterior cingulate cortex following extinction of the remote fear memory, and JQ1 reduced the rate of extinction by blocking this increase of IGF-2. Thus, while BET inhibitors show promising effects in some animal models of psychiatric disorders, they do not appear to be a favorable therapeutic approach in fear conditioning paradigms.

2.6. BETs in brain cancer

With its role as an epigenetic regulator of the cell cycle, BRD4 has emerged as a promising target for cancer treatment. In neuro-oncology, several preclinical studies have implicated a role for BET proteins in glioblastoma (GBM), the most common, aggressive primary malignant brain cancer. For example, *BRD2* and *BRD4* mRNAs were found to be significantly elevated in GBM tumors, and pharmacological inhibition of BETs reduced cell proliferation and promoted apoptosis in *ex vivo* cultures derived from primary GBM xenograft lines and orthotopic GBM tumors (Cheng et al., 2013; Pastori et al., 2014). BET inhibition also resulted in significant changes in expression of important GBM-associated genes (*c-MYC*, *p21CIP1/WAF1*, *hTERT*, *Bcl-2* and *Bcl-xL*) and GBM-associated long noncoding RNA, *HOTAIR* (Cheng et al., 2013; Pastori et al., 2015). In similar studies, Liu and colleagues demonstrated that JQ1 suppressed aggressive tumor growth of GBM cells with oncogenic EGFR mutations (Liu et al., 2015). In medulloblastoma studies, JQ1 significantly decreased *c-MYC* expression and inhibited *c-MYC*-induced gene expression and cell proliferation. Survival of mice harboring medulloblastoma xenografts was also prolonged by JQ1 treatment (Henssen et al., 2013). Consistent with these results, JQ1 was found to produce anti-proliferative, pro-senescence effects in athymic mice harboring medulloblastoma xenografts (Venkataraman et al., 2014). BET inhibition was also shown to be effective in non-MYC driven medulloblastoma tumors by regulating hedgehog-targeted genes (Long et al., 2014; Tang et al., 2014). Taken together, these studies indicate that BET inhibitors may be effective in treating multiple types of aggressive brain cancer.

As cancers are known to develop resistance to monotherapies, recent studies have shown that combination therapy of BET inhibitors (JQ1 or OTX015) with HDAC inhibitor (panabinstat) or with kinase inhibitor (sorafenib) markedly reduced cell proliferation and induced apoptosis in GBM cells (Berenguer-Daize et al., 2016; Meng et al., 2018; Zhang et al., 2018). Additionally, the BET inhibitor OTX015 in combination with conventional therapies in glioblastoma models, such as SN38, temozolomide or everolimus have shown synergistic anti-tumor effects *in vivo* and *in vitro* (Berenguer-Daize et al., 2016). While combination therapies have provided enhanced efficacy compared to single agent therapies, effective treatment of GBM and other brain cancers are limited by the drug's ability to cross the blood-brain barrier (BBB). To address this limitation, Lam and colleagues developed a transferrin functionalized nanoparticle (Tf-NP) that traverses the BBB in mice and delivers dual drug combination therapies to the tumor (Lam et al., 2018). In this experiment, Tf-NPs were loaded with temozolomide and JQ1 and

systemically injected in GBM tumor-bearing mice. This treatment increased DNA damage and apoptosis in GBM cells, decreased tumor size, and increased survival compared to free-drug dosing (Lam et al., 2018). These studies support the potential therapeutic use of BET inhibitors in combination with other therapies for the treatment of brain cancers and the use of nanoparticle systems for improved brain delivery of BET therapeutics.

3. Summary and future directions

BET proteins have emerged as an integral component of gene regulatory networks associated with brain health and disease. With BET proteins playing fundamental roles in transcriptional responses, tolerability and side effects of BET inhibitors are an undeniable concern. In the limited clinical data available on BET inhibitors, major side effects such as thrombocytopenia and gastrointestinal toxicities have been reported (Amorim et al., 2016; Berthon et al., 2016). These side effects were shown to be dose-dependent and reversible upon removal of the BET inhibitor. To date, however, there have been no clinical studies using a BET inhibitor for the treatment of a brain disease, and there are believed to be limited clinical studies using a BET inhibitor that effectively crosses the BBB. Thus, CNS-related side effects of BET inhibitors in humans remains a major unknown.

Although BET manipulation during early brain development resulted in neurobehavioral side effects in rodents (Sullivan et al., 2015), BET inhibition in adult rodents has had mixed consequences on behavior, learning and memory, and neuronal function, with many of the effects observed being disease-state dependent (Table 2). The fewer observed side effects in adult rodents may be due to the short half-life of JQ1 in the brain (Matzuk et al., 2012). Thus, utilizing BET inhibitors with a relatively short half-life may be a preferred approach to normalize disease-related transcriptional responses while limiting non-specific side effects. Nonetheless, an objective for future pre-clinical and clinical studies will be to determine whether more selective manipulations of BET protein activity will have similar therapeutic efficacy with fewer side effects. Compounds selective for BET BD1 versus BD2 bromodomains have been developed and have yielded promising results in pre-clinical and clinical studies (Gacias et al., 2014; Tsujikawa et al., 2019; Faivre et al., 2020). Other tools to inhibit bromodomain-independent functions of BET proteins have also recently emerged (Cai et al., 2011; Yang et al., 2019), but their effects in CNS-related disease models have yet to be tested.

Despite the tremendous number of advancements in BET therapeutics, many unanswered questions remain. For example, what role, if any, does BRD2 and BRD3 play in CNS-related diseases? BRD3 is expressed at relatively high levels in the brain (www.proteinatlas.org) and BRD2 appears to play a role in seizure susceptibility (Velisek et al., 2011), yet most research has focused on BRD4. Because functions of individual BET proteins are not completely over-lapping (Anders et al., 2014) and because current BET inhibitors are not selective for BRD4, more studies are needed to elucidate the mechanisms of action of individual BET proteins within the brain. Additional understanding of upstream signals (e.g., receptor signaling cascades, post-translational modifications to individual BET proteins), downstream interactions (e.g., histone, non-histone protein, eRNA, and genomic binding regions), and cell type-specific mechanisms of individual BET proteins in the brain are required for therapeutic advancement. Finally, the treatment regimen for BET inhibitors remains unclear for many brain-related diseases other than cancer. For example, if a patient suffering from substance use disorder (SUD) was prescribed a BET inhibitor, how long would the patient take the medication? Because of the potential side effects of first-generation BET inhibitors, it is unlikely to be a long-term treatment. Would a SUD patient be administered a BET inhibitor during a relatively short period to reduce early withdrawal symptoms, drug craving, and relapse and then transition to more traditional medications? Could a BET inhibitor be administered in conjunction with FDA-approved

medications to potentiate the effects of the approved medication? Will delivery systems (e.g., nanoparticles) be required to effectively deliver BET therapies to the brain or specific to brain cells? Continued efforts to address these questions will reveal additional therapeutic opportunities for targeting BET proteins in brain health and disease.

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